First Grade Recovery Time Think Sheet

1. I feel:	
□ sad	
□ alone	
☐ angry	
\square foolish	
\square embarassed	
silly	
2. I chose to:	
☐ be loud	
\square talk out of turn	
\square ignore direction	
sass	
□ argue	
3	
3. I could have:	
been more respectful	
been more responsible	
kept our classroom	
more safe	
4. Do I need to apologi	ze?
Yes	No