Future Outcomes/Goals Assessment (ESTR-J)

Name_____Date_____

1. **JOBS AND JOB TRAINING**
   After I have completed my education (high school and post high school), the career I would like to have is: _____
   To reach this goal, I will need to:_____

2. **RECREATION AND LEISURE**
   After I graduate from high school, these are the things that I will do in my free time:
   (check all that apply)   Bowling___ Dining out_____ Golfing_____
   Going to movies_____ Dating_____ Camping_____ Fishing_____ Traveling_____
   Exercising regularly_____ Renting videos_____ Partying_____ Volunteering_____
   Watching TV_____ Skiing_____ Playing softball_____ Driving around_____
   Reading_____ Sporting events_____ Joining a health club_____ Dancing_____
   Listening to music_____ Joining the Y_____ Talking on the phone_____
   Taking Community ed. Classes_____ Other_____
   To reach this goal, I will need to: _____

3. **HOME LIVING**
   I plan to move away from home when I'm _____(age).
   When I get my own place, I plan to live in:
   An apartment___ A mobile home___ A house____ A condominium__ Other___
   I want to live: Alone__ With 1 roommate___ With a spouse___ With several roommates____
         Other_____
   I will do my own: (check all that apply)
   Cleaning___ Budgeting___ Laundry___ Paying bills___ Home repairs___ Cooking___
   Grocery Shopping___ Checking account____ Clothing shopping____ Taking medicines___
   Scheduling appointments_____ Other_____
   I plan to live in: In the city_____ In the country_____ What city?_____
   To reach this goal, I will need to:_____

4. **COMMUNITY PARTICIPATION**
   When I'm living on my own, I plan to get around by: (check all that apply)
   Driving my own car____ Riding the city bus_____ Riding with relatives_____
   Riding my bike _____ Riding a motorcycle/moped_____ Riding with friends _____
   Walking_____ Other_____
   Places I will go in my community: (check all that apply)
   Banks ____ Public library____ Restaurants_____ Night clubs_____ Employment agencies ____
   Vote ____ Work____ Friends' house_____ Department stores____ Grocery stores _____
   Movie theaters _____ Shopping malls _____ Video Rental stores____ Golf course _____
   Church_____ Other_____
   To reach this goal, I will need to: _____

5. **POST SECONDARY TRAINING AND LEARNING OPPORTUNITIES**
   Right after high school, I plan to:
   Go right to work_____ Attend a 2-yr. college _____ Attend a technical college_____
   Attend a 4-yr. college or university _____ Join the military_____ Other_____
   The school I am most interested in attending:_____

   To reach this goal, I will need to: _____